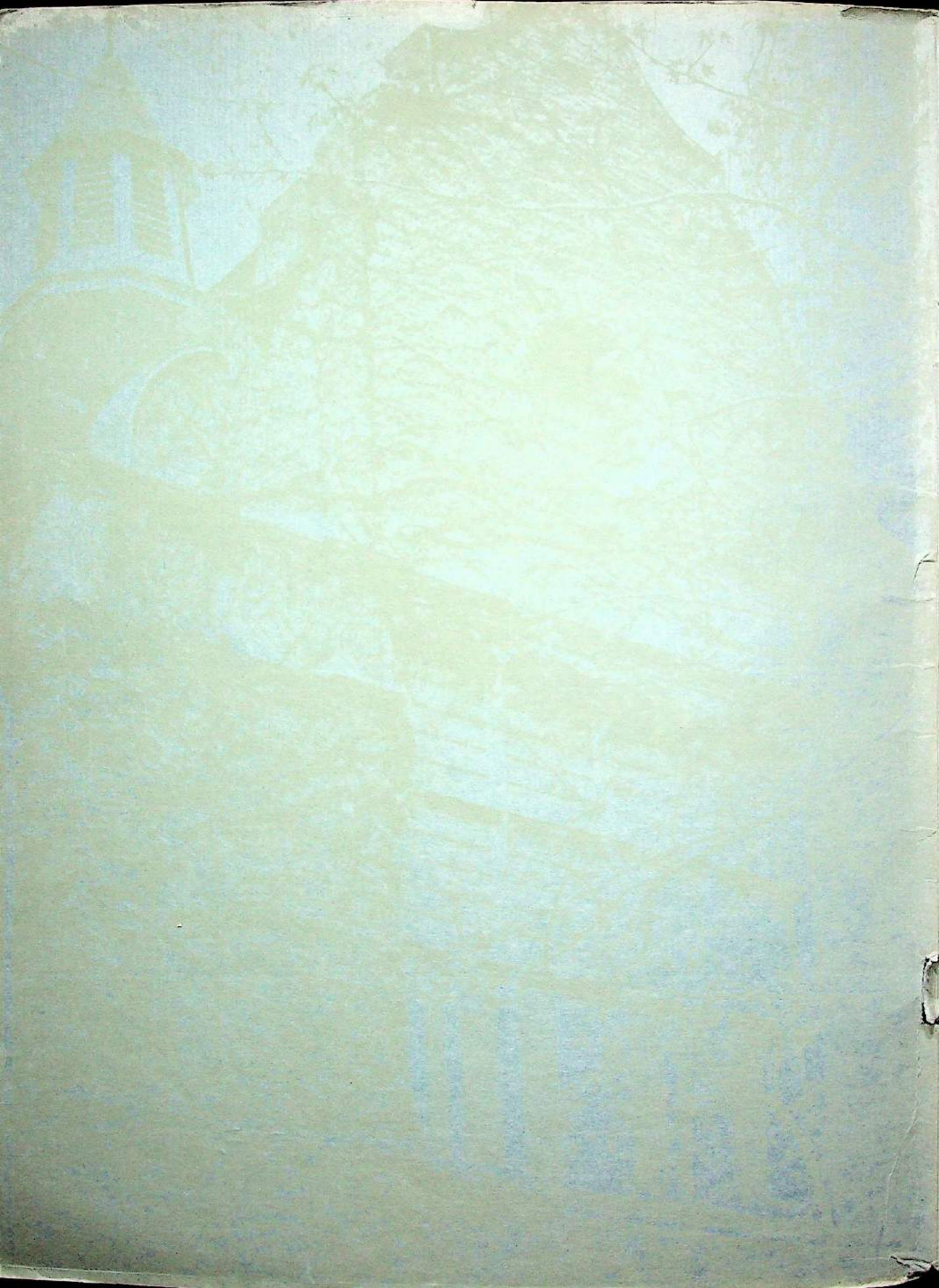




ST. HELEN'S HALL

FOUNDED 1869

PORTLAND, OREGON



ST. HELEN'S HALL

PORTLAND, OREGON



A CHURCH SCHOOL FOR RESIDENT AND DAY STUDENTS

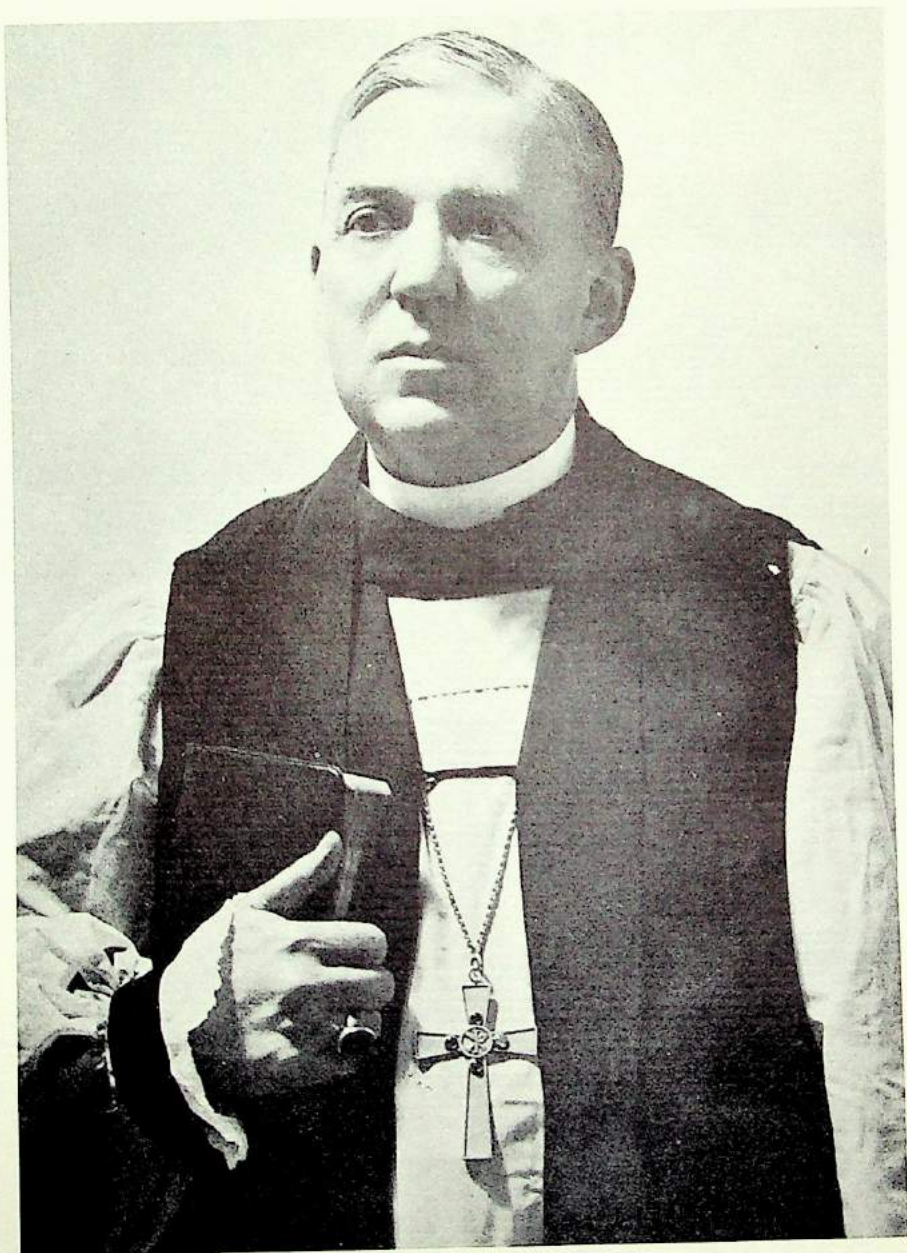
UNDER THE AUSPICES OF
THE EPISCOPAL CHURCH
IN THE DIOCESE OF OREGON

PRESCHOOL • LOWER SCHOOL • UPPER SCHOOL



*"That our sons may grow up as young plants, and that
our daughters may be as polished corners of the temple."*

Psalm 144:12



THE RIGHT REVEREND BENJAMIN D. DAGWELL, D.D.
Bishop of Oregon

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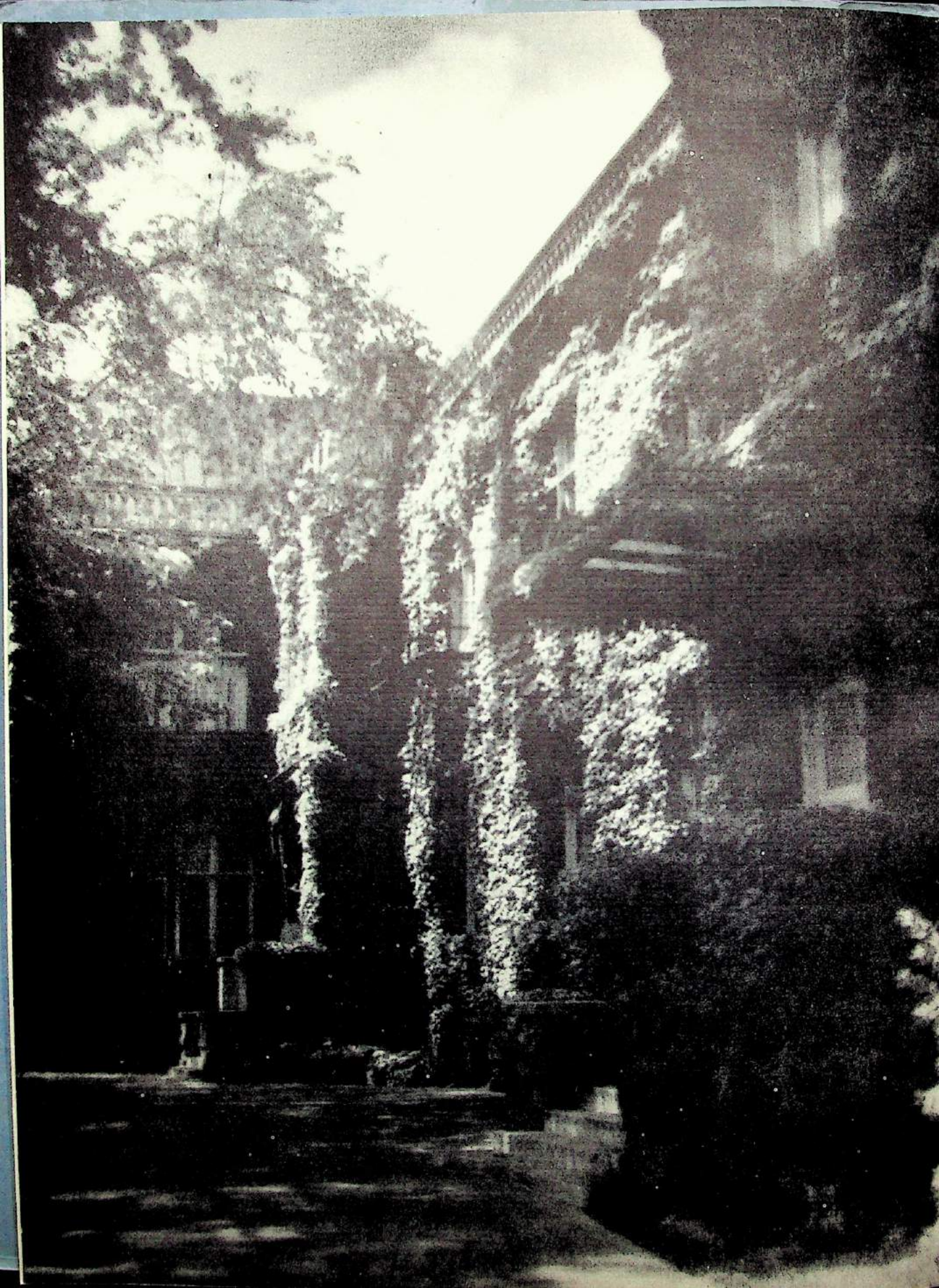
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PRINCIPAL

GERTRUDE HOUK FARISS

Administrative Council

ETHEL M. CHRISTENSEN *Resident Director*
MARIAN H. OWENS *Lower School*
ELIZABETH H. WRIGHT *Preschool*



ST. HELEN'S HALL offers to all its students, a wholesome, happy atmosphere in which they may grow from childhood into youth, with cultivated, disciplined minds, and with a deepening knowledge of spiritual values. Because their emotional maturing is carefully fostered, it envisions for them an integrated adulthood, free from fear and free from prejudice.

In its small classes, with the guidance of trained and consecrated teachers, the Hall encourages, stimulates and guides the student toward the best use of her individual abilities and talents. A well-rounded program lays the foundation for an adult life, which shall offer vital service to the community.

Through daily Chapel services, through daily association with its beloved Chaplain, through courses in religious education, the Hall works to give to all its students moral strength to mold Christian character, and to develop unshakeable integrity, — these to be an invincible shield throughout life. The Hall's slower pace enables it to educate all in the "grace of good manners," that outward sign of inward character.

In the oneness of its three major divisions, preschool, lower school and upper school, St. Helen's Hall offers to its pupils an opportunity for a continuing school life whereby educational security will promote emotional security.

Above all, in its awareness of the seriousness and sacredness of its responsibility, St. Helen's Hall realizes that it must train all who come so that "they may love whatsoever things are pure and lovely and of good report."

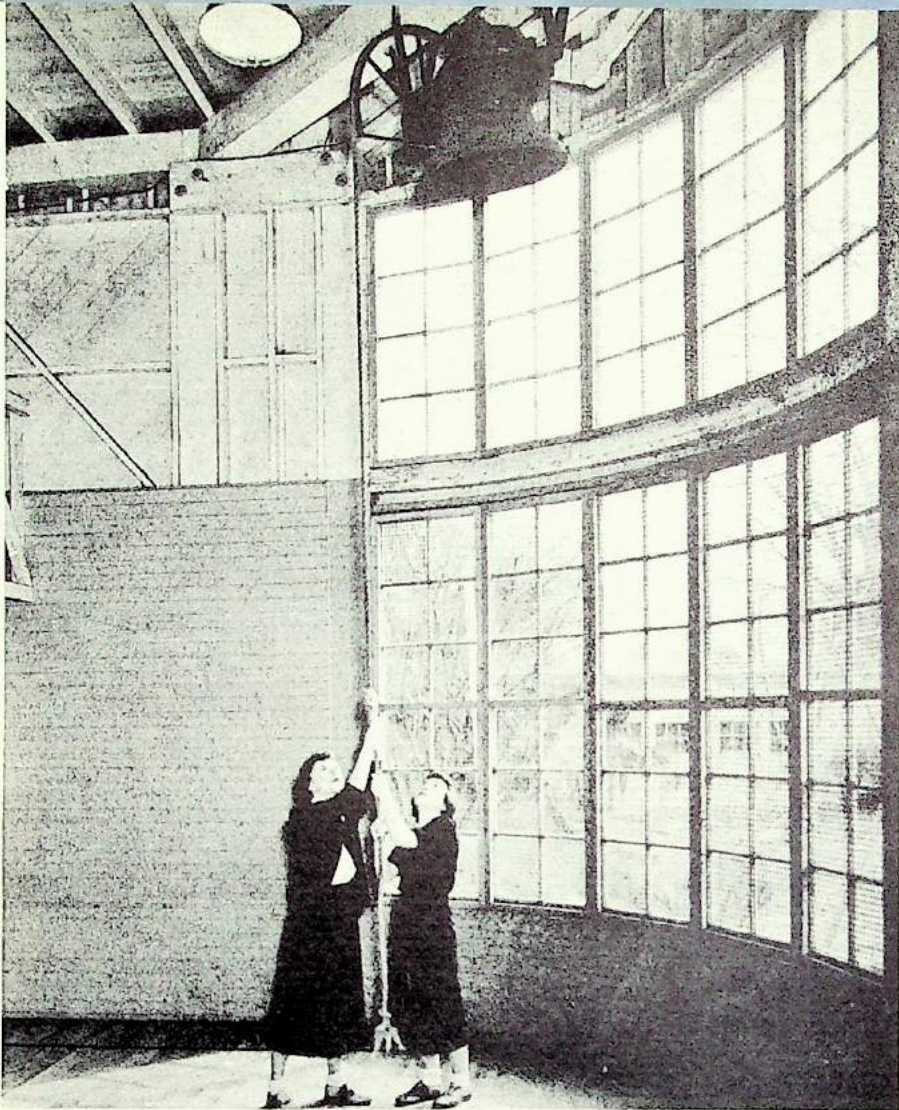
THEN AND NOW Founded by the Right Reverend B. Westar Morris, D.D., Bishop of Oregon, St. Helen's Hall was opened in 1869, just two years after the admission of Oregon to Statehood. It was organized under the Episcopal Diocese to meet and serve the needs of the daughters of pioneer families. Miss May B. Rodney, sister-in-law of Bishop Morris, was the first Headmistress.

By 1890, the Hall had outgrown its first quarters and a fine new building on Vista Avenue was put up. Unhappily, this was totally destroyed by fire in 1914. Temporary arrangements were utilized, until, in 1918, the Hall was moved to its present site. There, from one building to eight, St. Helen's Hall has grown and expanded with the years, as demands were made on its services by an ever-enlarging community.

The original Morris Hall houses the Chapel, administration offices, library, dining rooms, infirmary, staff bedrooms, the kitchens and laundry. Scott Hall, a residence for the girls of the Upper School, is a modern, extremely well-equipped building with every living comfort, and with a lounge and sun-deck for leisure hours. Scadding Hall contains the auditorium and stage, the music office, the classrooms for domestic art, the senior homeroom and a small, but well equipped kitchen, to facilitate entertaining.

The Lower School is housed in a modern, one-story building which contains, in addition to attractive classrooms, the domestic science unit. The Chapel here seats approximately two hundred students. A library, with gayly muraled walls, offers an ideal spot for browsing and study. The adjacent gymnasium completes the buildings of the main quadrangle.

On the opposite side of Thirteenth Avenue is the Preschool, with large play areas on either side. Next to it is the home of the Lower School girls who are residents. With its own Housemother, this smaller unit functions as a happy family. There is a homey living-room, and a small kitchen



After a long journey around the Horn, the bell found its home at the first St. Helen's Hall. The only survivor of the fire of 1914, it daily calls us into Chapel.

where Sunday night suppers and the ever-necessary snacks are prepared.

A residence for the Headmistresses contains a parent's suite, where visiting parents may stay, if they wish, when they come to Portland. In such cases, meals may be eaten, with their daughters, in the main dining hall.

Serving the daughters of Oregon's prominent Episcopal families, the Hall also welcomes girls of all creeds, uniting them in an atmosphere retaining "the grace and dignity of a venerable past," but infecting them with "the breadth and vision of a growing and ever-challenging future."



A WARM WELCOME AWAITS YOU



YOUR ROOM IS YOUR "HOME AWAY FROM HOME".

IT IS A PLACE FOR REST, STUDY AND FUN.



WE LIVE TOGETHER For its residents, St. Helen's Hall desires, above all else, to provide a Christian home environment. As a church school, we exist on a religious level. As a family, we gather after dinner for a few moments of evening prayer in our Chapel. We attend church on Sunday, and for those girls who do not wish to attend the Episcopal church, and who so state at the beginning of the school year, arrangements are made to attend churches of their own denomination. We strive to make our life God-centered, knowing that this is the best way to keep us all happy and secure. We are never pious, we hope, but neither are we afraid to acknowledge Christ as our leader.

Through a balanced schedule of study, play, and light household tasks, all are helped to understand the wise use of time. Freedom is increased and privileges extended as students demonstrate their ability to assume responsibility.

YOU WON'T GO HUNGRY HERE





A UKELELE AND A CORN POPPER INSURE A HAPPY HOUR

A House Council, together with floor proctors, who are under the jurisdiction of Housemothers, supervises dormitory life.

Weekends, are welcomed for the leisure they bring. Group attendance at concerts and plays is arranged throughout the year. Full advantage is taken of other cultural opportunities as they occur. Visiting with family and friends is encouraged on Sundays, after church. One weekend away from the Hall is permitted during those months in which there is no long vacation. Saturday shopping trips are usual. Adequate chaperonage is provided and students are expected, when chaperoned to plays or concerts, to divide the cost of the chaperone's participation.

A lounge, exclusively for the use of the girls residing in Scott Hall, and an informal living room in the Cottage, home of the "graders," provides a homelike place to relax, to serve Sunday night suppers, or to entertain day students in the late afternoon.



THE DANCE IS TONIGHT!

THE SCHOOL AT PLAY Knowing that all work and no play is bound to make Jill a very dull girl indeed, the school calendar allows for many social events, some of which are impromptu, but many of which have become traditional. Year after year the girls delight in the following events:

OLD GIRL — NEW GIRL TEA

The old girls entertain the new girls, together with their parents, at a formal tea during Registration Week. Former students act as hostesses and as guides on "conducted tours" of the buildings.

SENIOR DINNER

On the night before the formal opening of school, town and resident seniors meet at dinner to talk over the summer's experiences and make plans for the year.

HALLOWE'EN

The first fall "informal" takes place at this time. In the lower school, a traditional masquerade party is held, all parading merrily through the halls of the upper school. Prizes are awarded for the cleverest and the funniest costumes.

OUR MERRY CHRISTMAS

The week that precedes Christmas vacation is one of intense activity. It climaxes the fall program and catches up everyone into a spirit of jollity and good will. Beginning with the trimming of the great tree in Scadding Hall, (followed by hot chocolate and cookies in Scott Hall lounge), there is given, the next night, the Christmas play and Nativity pageant. At the close of this moving scene, the upper school girls, together with those of grades VII and VIII, lay at the foot of the Crib, their gifts for the less fortunate boys and girls of Portland. Gifts, tree, and all the school, both young and old, receive the Christmas blessing of the Bishop. A backstage party for the cast brings to a close this memorable day. The next night is the Annual Christmas Dinner, of Trustees, Faculty, and students. A truly gala time "is had by all." Santa Claus finds gifts in his pack for everyone. Sleepy-eyed perhaps, but happy, all start out next morning in a motor caravan to deliver, personally, the gifts that had been placed at the Crib. On the last morning, the Choir goes carolling through the halls, and at noon, following the dismissal bell, gay goodbyes resound on every side.



YOU START FOR MT. HOOD

AND HERE YOU HAVE ARRIVED.



SOPHOMORE FORMAL

is a late winter dance.

BOARDER'S DANCE

is usually given on St. Patrick's Day and is a dinner dance.

MAY DAY

here, as at most schools, is one of the year's most beautiful events. The crowning of the May Queen, surrounded by her lovely Court, climaxes a program which is directed by the Fine Arts department. This is followed by an evening dance in Scadding Hall.

THE SENIOR PLAY

is given late in April. Its purpose is to raise money for the senior gift to the school.

SKIP DAY!

Sometime in May, there comes a day when there simply are no seniors to be seen about — come dawn, they have skipped out. Only the Headmistress knows when this day will fall.

SENIOR WEEKEND

is another late spring event. It is a long weekend at the shore, for both day and resident students.

SILVER TEA

This is a farewell tea given by the seniors for faculty and lower classmen. It is planned to take place to bring the stress of exam week to a quiet close.

COMMENCEMENT

This week of weeks, opens with Baccalaureate Sunday. The service is held at Trinity Church, Dr. Lansing Kempton traditionally gives the parting address. Class Day, on Monday, opens with luncheon on the terrace. In the afternoon, honors and awards are given out by Bishop Dagwell at a formal assembly in Scadding Hall. Then dawns the greatest day of all — Commencement Day itself. The Exercises take place in the evening at Trinity Church. As the crowning of four years of work and play, every effort is made to see that this is an occasion of unforgettable beauty.

YOU FIND PARTNERS APLENTY

THERE ARE NO DULL JILLS HERE



OUR UPPER SCHOOL The upper school provides a curriculum designed primarily to prepare students for college. Some freedom of choice is offered, mainly in the junior and senior years, but these choices are largely determined by college entrance requirements.

For the girl who does not intend to enter college, or who may be preparing to make her contribution to society in other fields of activity, a general course of study is offered, allowing for a wider latitude of choice. However, in both courses the traditional standards of good scholarship and fine character must be maintained.

The diploma of the Hall is awarded to those students who fulfill the basic requirements, as listed below. For those students whose program, because of frequent transfer or because of the necessity of special study, cannot fill these basic requirements, a certificate is given. This certificate is based on the requirements for graduation from high school, as determined by the State Department of Education. A minimum of sixteen credits is required for graduation. Required subjects, with their credit values, are listed below:

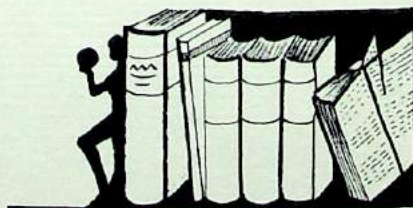
English	4
Languages	2, 3, or 4
Mathematics	2 or 3
Science	2 or 3
Social Studies	3
Speech Arts	½
Christian Education	2 periods per week
Health Education	3 periods per week including team sports, modern dance, swimming, home nursing, and first aid.

ELECTIVE CREDITS

Advanced Algebra	Chorus	Music Appreciation
Art	General Mathematics	Second Foreign Language
Chemistry	Home Management	Typing



EVEN STUDY CAN BE PLEASANT



A.A.

Description of Courses

ENGLISH

The English courses have as their basis, the development of communication skills, both written and oral.

This work includes directed reading, grammar, composition, letter writing, word attack (spelling, phonics, vocabulary) and literature.

This school predicates its teaching on the belief that "Reading is thinking. Readers read as well as they think and no better."

A student's vocabulary is as indicative of her mentality as an intelligence quotient. All subjects in school depend on the ability to read. For this reason, the girls are taught to recognize and interpret patterns of writing. They are required to learn the techniques of outlining, recognizing key ideas, and summarizing.

This technical instruction is supplemented by adequate required and independent reading programs of the classics as well as contemporary writers. Our objectives are to foster a love of books and to familiarize the girls with the various types of writing; short stories, novels, biography, essays, poetry and plays.

Training in the use of the library is considered an integral part of the English instruction.

Good speech is emphasized at all times. Individual diagnosis is made by the use of a recording machine. Students are trained to take part in panel discussions and to direct a meeting according to parliamentary form.

Every effort is made by direct instruction to teach the techniques of how to study effectively.

LANGUAGES

Latin is the preferred choice for freshmen, although French may be chosen as the beginning language. The school believes that Latin has great importance as a basic study for the understanding and clarifying of the English language. Further, the student learns of the great and everlasting contributions of the Roman world to our modern civilization.

MODERN LANGUAGES

In French and Spanish, the basic skills in oral and written forms are thoroughly taught. Every effort is made to give the student a wide, cultural knowledge of the French and Spanish people, by learning their history, their literature, and their contributions to contemporary life. A French table at luncheon is planned to give selected students daily practice in the social amenities of that language.

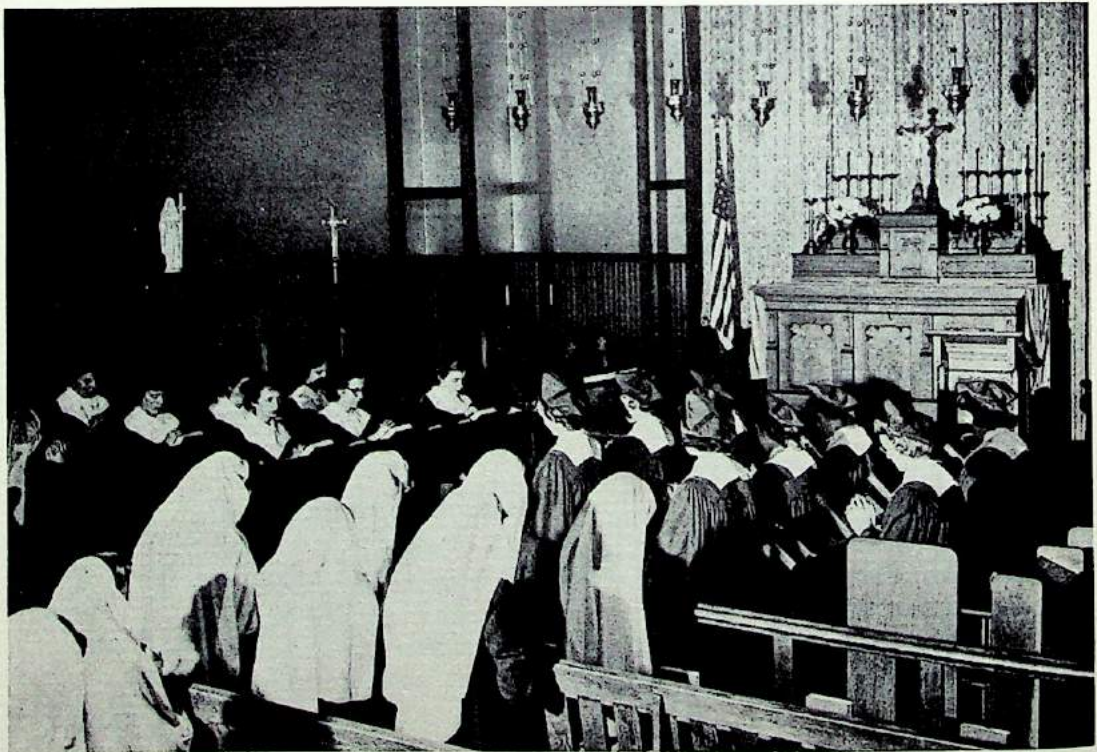
MATHEMATICS

The courses in Mathematics aim to give the student a workable foundation in concepts and skills, by teaching through organization and exact expression, logical and orderly thinking. Algebra and Geometry are required in the college preparation course and advanced Algebra is offered for those whose College Boards require it. A course in applied Arithmetic is planned for those students who are weak in the fundamental processes or for those who wish to pursue further the subject matter undertaken in grades VII and VIII. This course includes personal and household budgeting, installment buying, loans, investment practice, taxes, and other practical problems.

SACRED STUDIES

Each year the student follows a definite course of study, designed to give her a knowledge and appreciation of the Bible. Through discussion and personal conferences, every effort is made to develop such interest in the spiritual values of life that a sound Christian character will emerge.

Daily attendance at Chapel services teaches that the worship of God is an integral part of their daily lives rather than a ritual reserved for once a week.



YOU WILL NEVER FORGET YOUR CHAPEL HOURS



COTTAGE LIVING



THEY'RE GOOD!

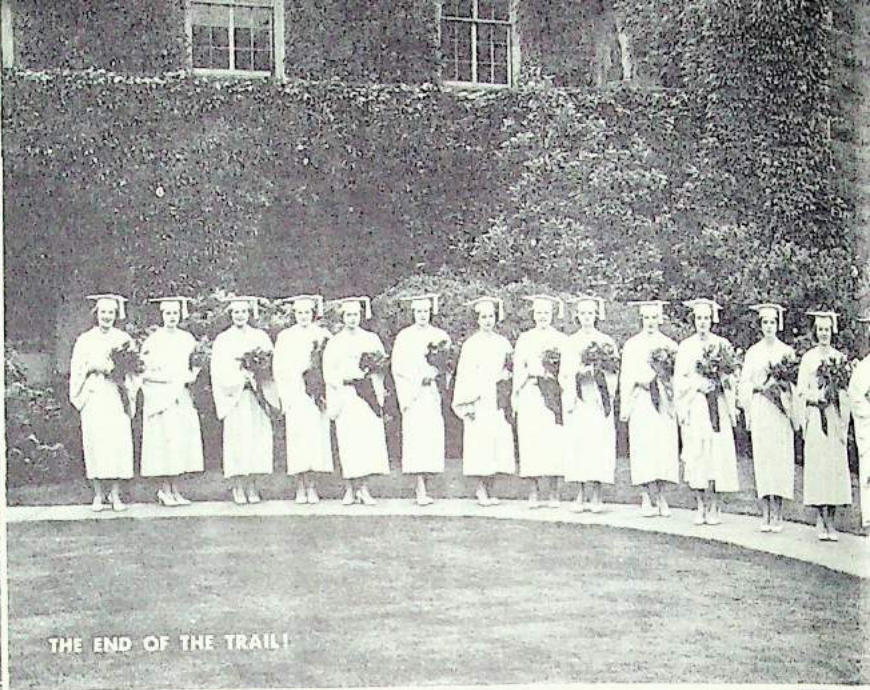
DRAWING OUR ALLOWANCES



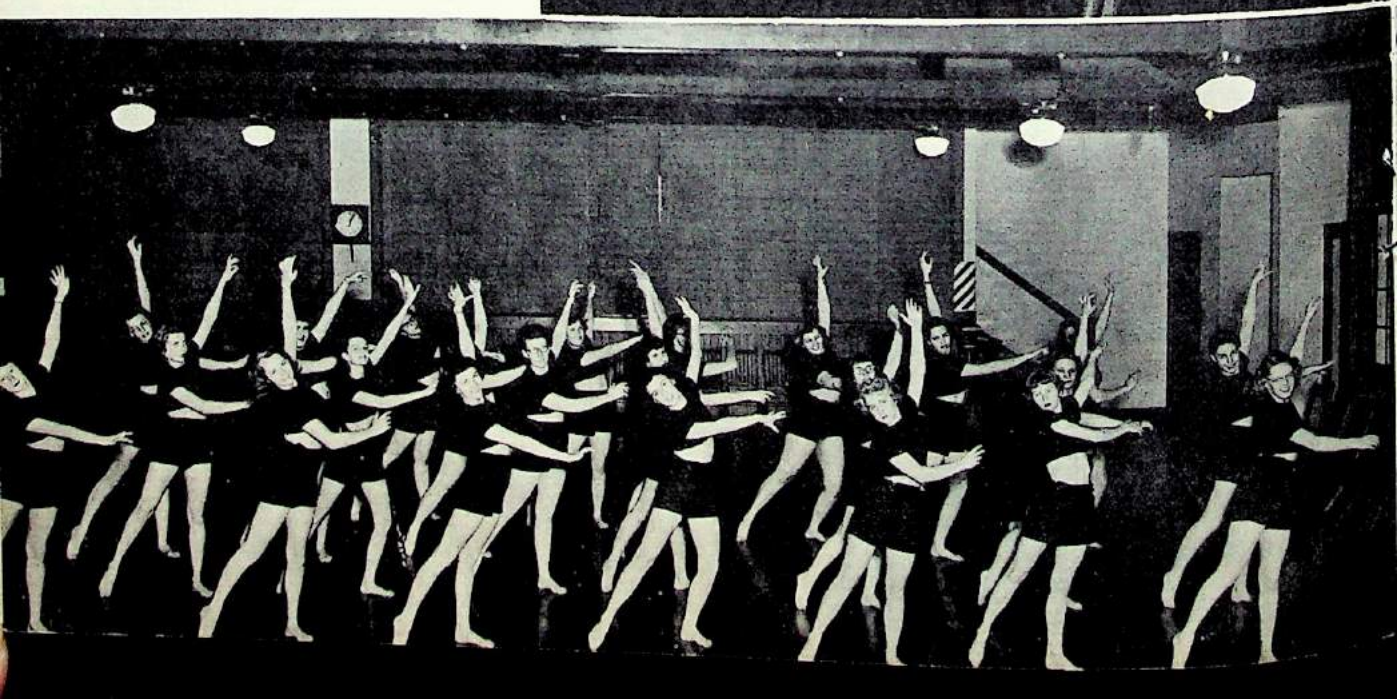
TAPPED FOR HELENAS

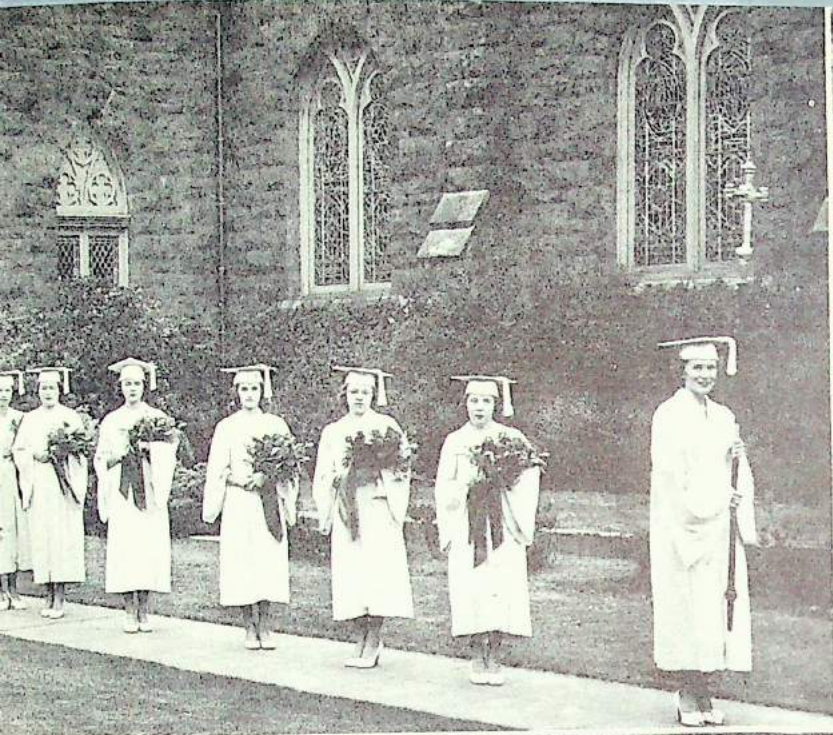
WONDERFUL NEWS?

'TIS MODERN DANCE



THE END OF THE TRAIL!





SENIOR STARS

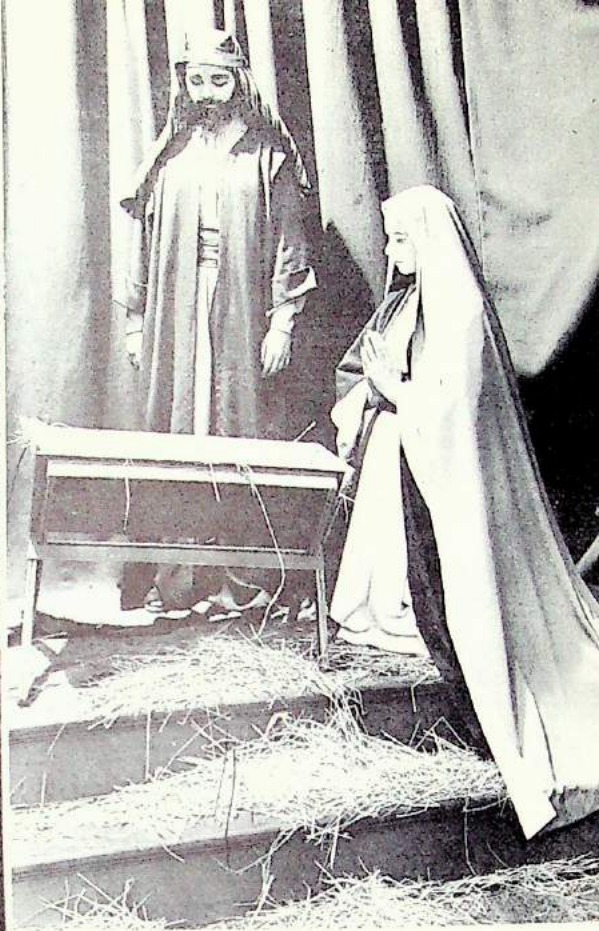
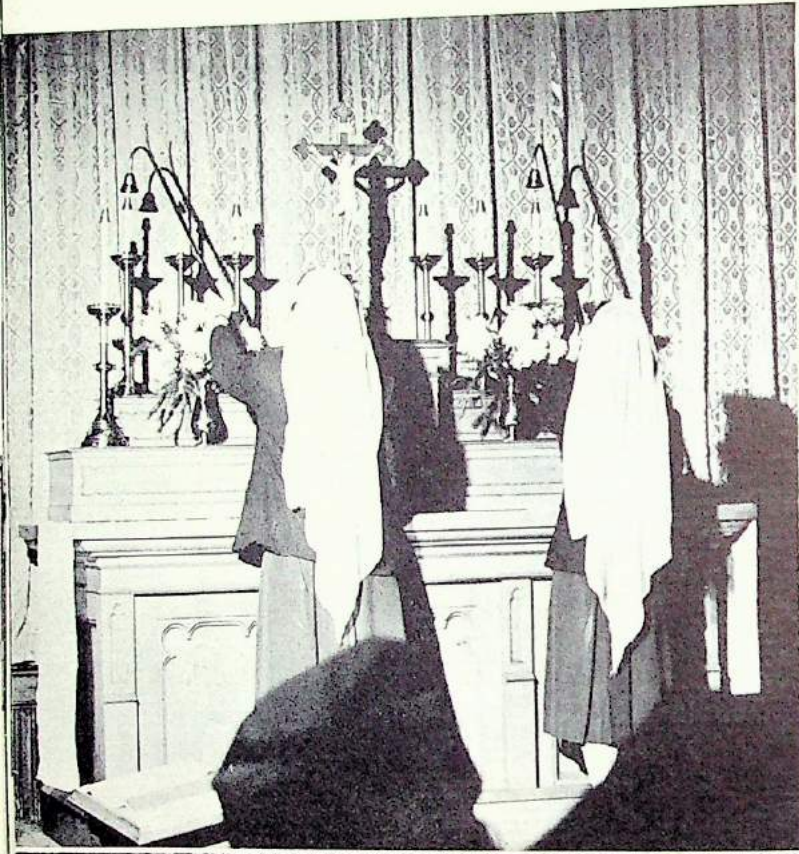


LOVE'S YOUNG DREAM

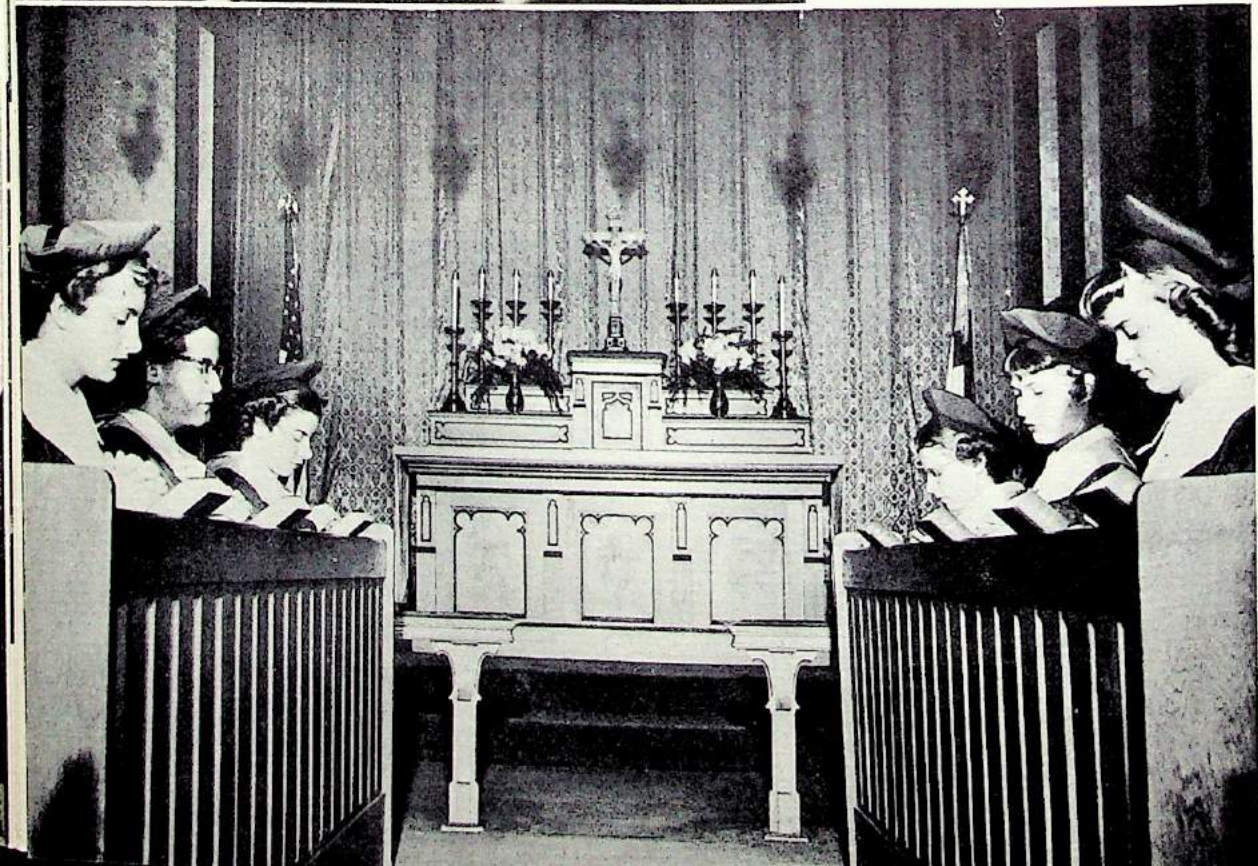
ALL IN THE "WRECK" ROOM



A SOLEMN MOMENT



CHRISTMAS PAGEANT
MORNING PRAYER





YOU LIFT YOUR VOICE IN SONG

THE ARTS: *Drama, Art, Music*

The opportunity to create, as well as to appreciate, is vital to all youth. The courses in Drama, Art and Music offer the student a chance to find expression through these various media. For those students who have a particular talent, these courses may be a basis for future study or for the choice of a career. Voice, piano, organ and violin lessons are offered at the school by teachers recognized in these fields. Practice pianos are available. Art courses are given in affiliation with the faculty of the Portland Museum of Fine

Arts or by teachers recognized by them. A Drama workshop provides opportunity for the production of plays and pageants. In conjunction with the department of Music, an operetta is produced each year.



YOU REHEARSE FOR THE PLAY.



READY FOR "OVER THE HILLS AND FAR AWAY"

HEALTH EDUCATION

Every girl must participate in the program of Health Education, unless certified to the contrary by her own physician. Tennis, archery, badminton, volleyball and basketball, are our major sports. Teams take part in city-wide tournaments, as well as in inter-class and inter-school competition. Swimming is a required subject. Each girl will be expected to obtain her Lifesaving Certificate before being graduated.

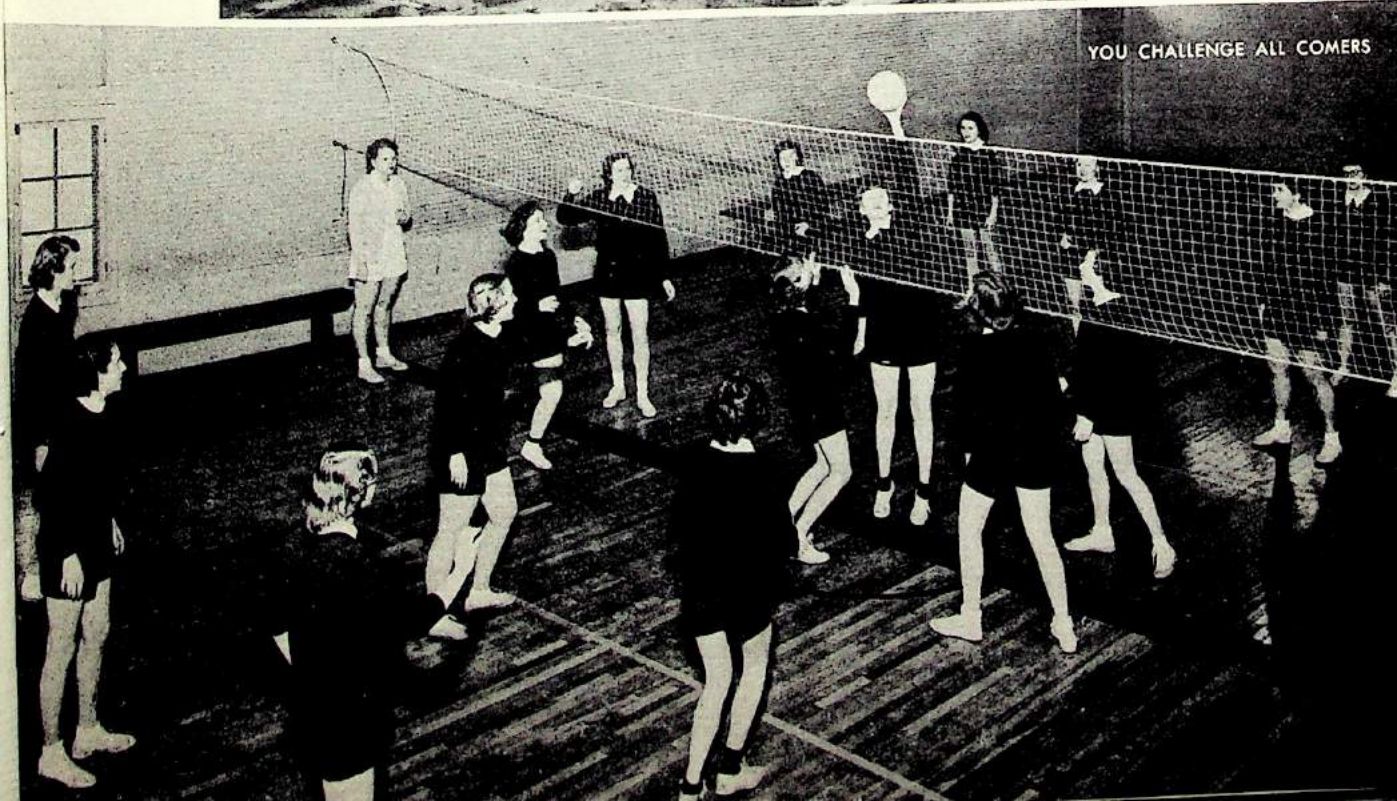
A twelve-weeks program of skiing, under competent European instructors, is offered during January, February and March. Occasional skiing weekends at Timberline Lodge are planned. Riding is a favorite sport and classes are held weekly at the Portland Hunt Club.

Home nursing and first aid are required courses. This work is under the direction of the Red Cross.

The Hall recognizes that correct health habits play a large role in a happy and successful life. Health records are kept of all students. Periodic examinations are required. Audiometer tests are made of all students, as are Chest X-Rays. A resident nurse is on duty at all times.



YOU IMITATE THE SEAL



YOU CHALLENGE ALL COMERS

SOCIAL STUDIES

Ancient and Medieval History This course is planned to give students a knowledge of past civilizations and of their relationship with the present. It will also afford them an understanding of the frequent allusions made to the men, events, and ideas of the two periods.

U. S. History Our purpose in this course is to gain a knowledge and an appreciation of our American heritage, so that we may preserve and strengthen it through intelligent citizenship. Contemporary problems are discussed in the light of the forces that have brought them about, and attention is given to previous efforts made to solve them.

American Problems Current problems, social, economic, and political, will be analyzed and compared with the same problems in other nations. These problems, being rooted in the past, will also be studied against an historical background.

THE SCIENCES

General Science Here the major courses are briefly introduced and the way indicated for further individual study. All levels of capacity for high school work are tapped in this course. For all, there has been a revealing of nature's laws. For those who are to continue in Biology and Chemistry, a broad basis and a valuable scientific vocabulary have been acquired.

Biology Our course is alive. We study marine life on our Oregon beaches, native as well as cultivated trees, shrubs and flowers, as we find them on our campus or on the neighboring hillsides. Emphasis is placed, always, on the conservation of, as well as the economic value, of our flora and fauna. Human physiology is the climax of the study of all animal life.

Chemistry This is taught with the greatest emphasis upon a thorough background for future college courses. Students perform their own experiments with excellent equipment. Our texts and laboratory books are always the newest and best obtainable.



YOU EXPERIMENT

TESTS AND GUIDANCE

Objective testing is a vital part of our school's educational philosophy. Such tests enable us to compare our students with others of their group age, to prepare them to meet college examinations without fear, and to diagnose for parents, with more accurate appraisal, the weakness and strength of their daughters' abilities.

The Hall recognizes the students need for guidance and careful planning toward the future. Vocational testing is made available through Reed College in Portland. Close cooperation is maintained between our school and the parents in the furtherance of individual planning. Speakers from the best of the colleges, as well as others from vocational fields, come to the Hall to offer inspiration and practical direction to the student body.



LOWER SCHOOL GOES TO ITS OWN CHAPEL

GRADERS PAINTED THESE MURALS.
OTHER GRADERS LIKE TO READ HERE.



OUR LOWER SCHOOL

The Lower School, comprising grades I through VIII, has as its definite objective, the development of a healthy, happy, integrated personality. Working, studying, and playing in small groups, under friendly teachers, the lower school children develop as individuals, at their individual speeds, toward a common goal. The pupils learn to evaluate their own abilities and to understand that being different in some things does not necessarily mean being inferior. The child who finds Spelling difficult may gleefully lead the rest in Arithmetic. One may "read anything at seven;" another may take two years longer to attain the same proficiency. In the total picture, all will have acquired a mastery of the basic skills of education — those old-fashioned three-R's. These skills hold first place in all grades. Drill in these fundamentals is not only necessary, but indispensable. However, there still remains time for the "frills" of our modern day. Besides Reading, Arithmetic, oral and written Language, and the specialized Arts, great emphasis is given to Social Studies. These, History and Geography, are taught in correlation with other subjects, according to the best educational practices.

OUR LITTLE GIRLS ARE ON THEIR TOES!





WE HOPE IT TASTES GOOD

TRY IT AND SEE





FIRST GRADERS ARE SUCH BUSY PEOPLE

French is taught throughout the lower school.

Sports should play an active part in the development of every normal child. Swimming is required, after the third year, but is optional below that level. Group games and team

play are under the supervision of a competent instructor. Riding, Ballet, and Skiing are available.

A pleasurable, yet instructive, music program is planned for the entire school. Private piano and violin instruction are offered by teachers of reputation.

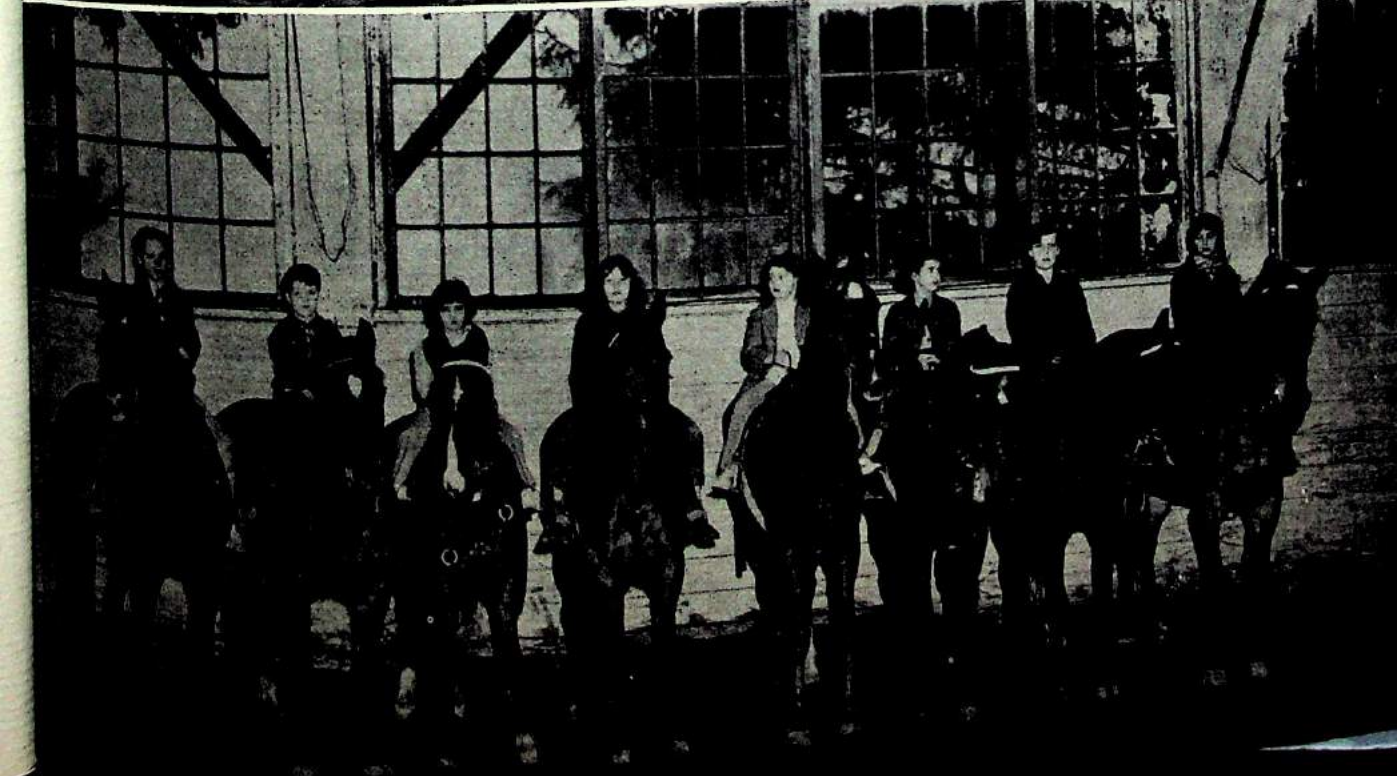
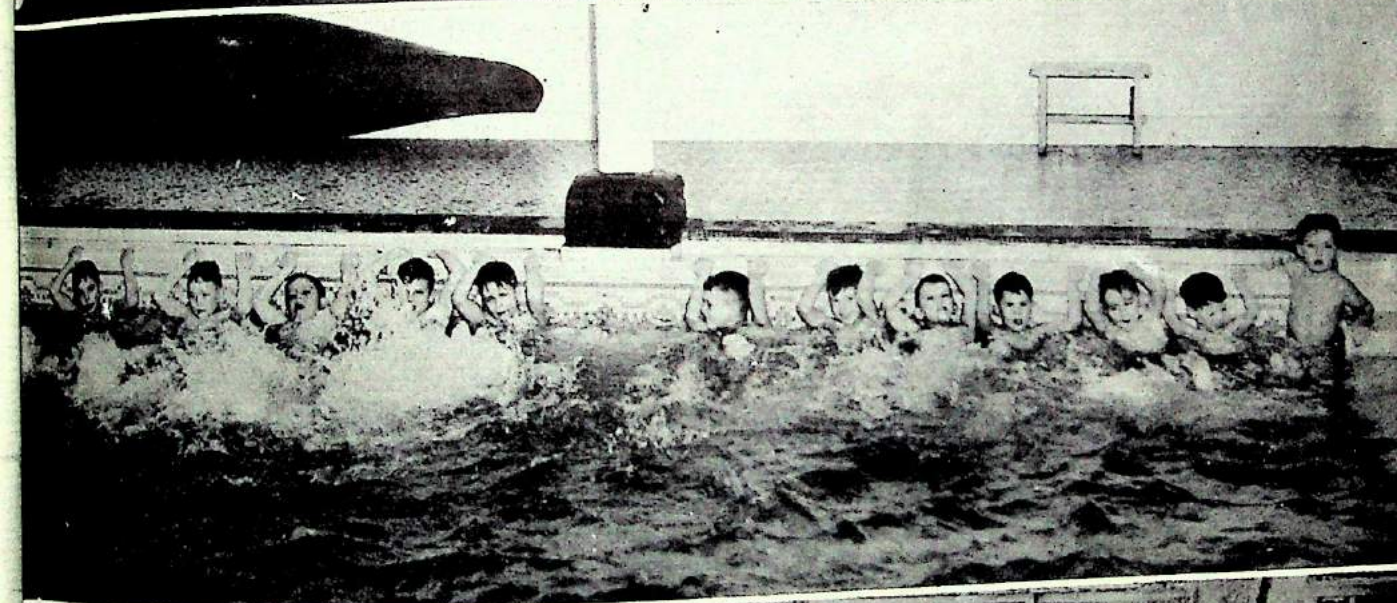
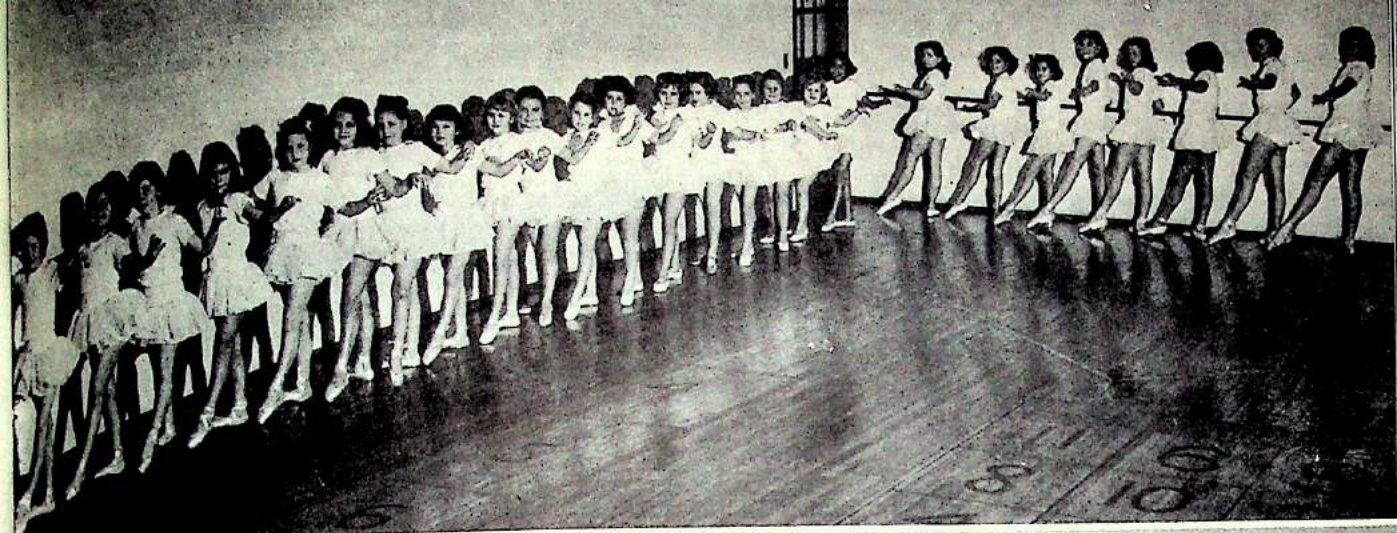
THE LANDS OF THE ORIENT BECOME FAMILIAR PLACES



The household arts are a practiced part of the program of the seventh and eighth grades. These upper classes, though still in Lower School, are carefully prepared for full participation as freshmen of the Upper School, with as little sense of dislocation as possible. This is accomplished by such means as semi-weekly participation in Upper School Chapel, by taking a part of their curriculum under Upper School faculty and by a gradual inclusion in several of the Upper School social events.

IT IS NEVER TOO EARLY TO BEGIN





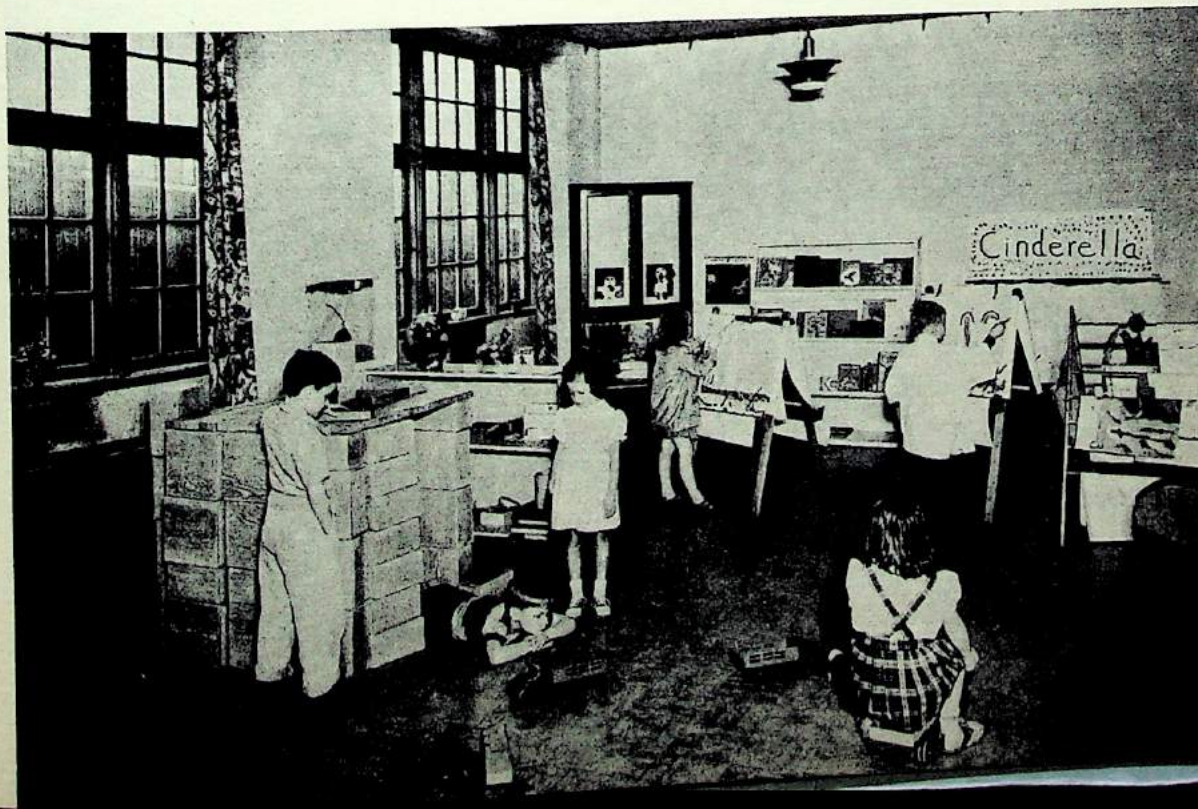


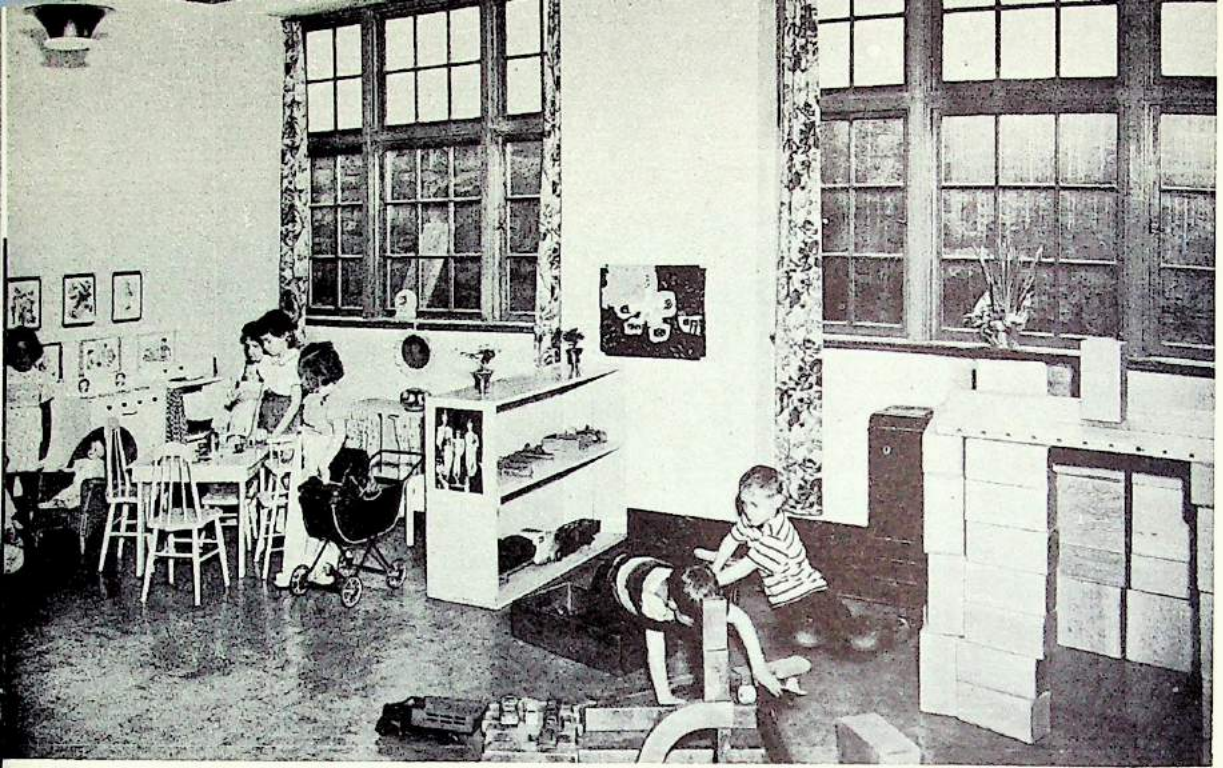
PRESCHOOL AND KINDERGARTEN

Our Preschool and Kindergarten are child-centered and seek to provide a wholesome environment in which to develop the *whole child*.

Through daily inspection by the nurse, by a balanced diet under the supervision of a trained dietitian, in a safe, adequate and sanitary plant, each child is assured of proper physical growth and of the development of sound health habits. Mental development is promoted through a program rich in guided experiences. Creative materials are used as a constructive release. On the social level, active group play gives opportunity for understanding and enjoying others. This parallels the necessary give-and-take of the more mature life. Emotional security is fostered by living daily in a situation where the child is conscious of being loved and needed and appreciated.

SUCH A BIG HOUSE OF BLOCKS





BUSY HOMEMAKERS

"Donnez-moi du pain, s'il vous plait."

FRENCH AT LUNCH





THIS IS FUN!

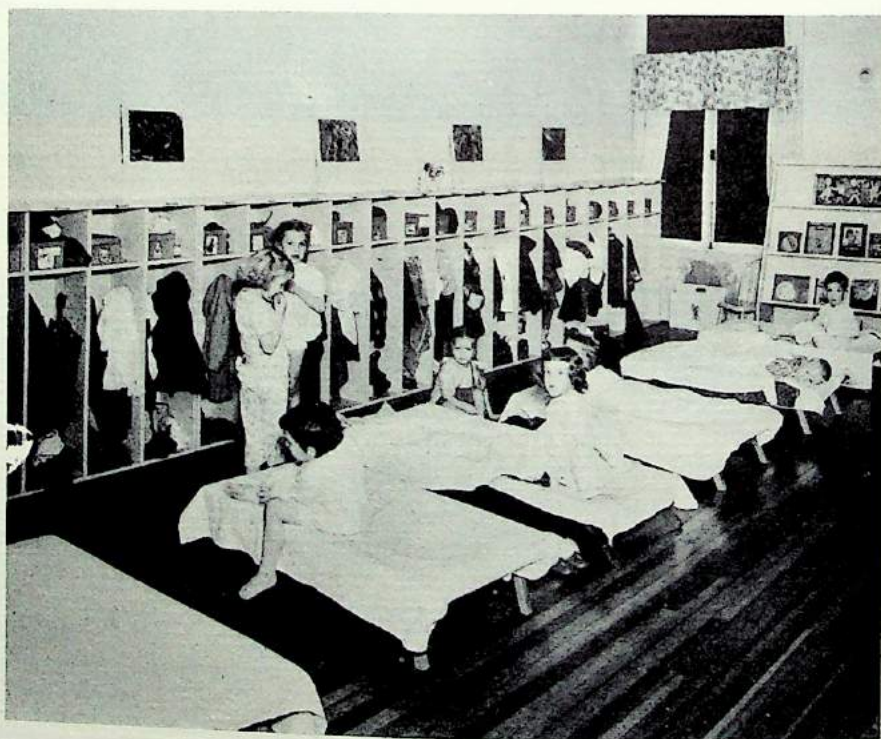
Spiritually, the children are guided by early participation in services adapted to their years and understanding. They are led to an awareness of God, their Heavenly Father, and of His Son who said, "Suffer little children to come unto me." The children, by feeling themselves a part of God's whole world, thereby find freedom from fear.

The Preschool staff consists of a Director and teachers, all college trained in the field of Child Development. They, themselves, are friendly, relaxed and emotionally mature.

Their competence is the result of long study and practiced experience in the field of childhood education.

Children between the ages of three and five years, inclusive, are accepted. Half-day programs are available, either morning or afternoon. Full-day care may be arranged for through the Director. For these children, a well-balanced noon meal is served and reasonable nap periods are a part of the routine.

NAP TIME FOR ALL



ACCREDITATION

National Council of Independent Schools
Northwest Association of Secondary and Higher Schools
Pacific Northwest Association of Independent Schools

AFFILIATION

College Entrance Examination Board
Educational Records Bureau
National Registration of Independent Schools
National Association of Secondary School Principals
National Association of Student Councils
National Association of Principals of Schools for Girls

TUITION PLAN AND TUITION REFUND INSURANCE PLAN

These plans are available for the convenience of parents.
Details will be found in the St. Helen's Hall brochure.

FOR FURTHER INFORMATION
WRITE

The Registrar
ST. HELEN'S HALL
1855 S. W. Thirteenth Avenue
Portland 1, Oregon



